



# Getting Rid of Fruit Flies

By DoMyOwn staff

## Identifying Fruit Flies

The fruit fly can be easily distinguished from other filth flies by its big, beady red eyes and tan to yellowish body. The fruit fly is very small and is usually spotted around fresh or rotting fruits and vegetables, drains, and garbage or other damp organic materials.

## Methods of Fruit Fly Elimination:

### 1--Sanitation and Elimination of Breeding Sources

In all pest control programs, sanitation is the first and most important measure of defense. You can use all the sprays and traps in the world to eliminate fruit flies, but you must eliminate the breeding/feeding sources of the pest in order to completely eliminate the pest. Most sanitation measures are common sense: fruit flies require damp or decaying organic material to complete the life cycle, so the goal of sanitation should be to eliminate as much filth and organic material as possible on a consistent daily basis. This includes:

- keep trash in a receptacle with a tight-fitting lid
- clean trash receptacles regularly
- promptly dispose of rotting produce
- inspect areas under and behind appliances for hidden food spills that may be attracting the flies
- clean under floor mats regularly
- re-grouting tiles as needed to prevent water seepage into walls where fruit flies may breed
- eliminate as many sources of standing water in the home as possible

### 2- Drain Treatment

Drain flies are not the only flies that live and breed out of drains. The organic debris that naturally builds up inside of drain lines is also a main source and contributor of fruit fly infestation. If this is the case, you will need to treat your drains with an initial 5 to 7 day treatment of [Drain Gel](#), treating once every two weeks thereafter for maintenance. To determine whether your drains are a problem, thoroughly dry drain areas just before bedtime and partially cover all drain openings with a piece of tape sticky-side-down (this can also be done using [Trapper LTD Mouse/Insect Glue Boards](#)). If the drain is a breeding source, you will find fruit flies stuck to the tape or glue board in the morning. Proceed to apply Drain Gel according to the product label.

### 3- Fruit Fly Traps

Traps are the most common form of Fruit Fly control. There are several different types of fruit fly traps available.

- [Natural Catch Plus Fruit Fly Trap](#). This low-maintenance trap is non-toxic and pesticide free, containing only a vinegar based all natural attractant to lure fruit flies to their doom. Natural Catch Plus Fruit Fly Traps are ready to use and can be placed right in the center of your fruit bowl. This trap is easily activated by puncturing the top with a ball point pen and placing the trap where fruit flies are a problem. Guaranteed to reduce fruit fly populations 70 to 80 percent or more; provides control for 30 days.
- [Vector 960 Fruit Fly Trap](#). Vector 960 Fruit Fly Trap allows you to locate the source or sources of fruit fly infestation by monitoring the count of flies caught. The Vector 960 trap features a 10-hole venting lid to optimize fruit fly exposure to vapors emitted from the patented food grade attractant, maximizing catch. Removable lid allows for easy monitoring and identification. Easily activated by pulling the cellophane wrapper off the base of the trap.

### 4- Contact Aerosols & Space Sprays

Since it may take several weeks for sanitation measures, drain treatments, and other methods of fruit fly control to achieve complete elimination, a contact aerosol or a space spray may be used in the meantime for quick kill of flying adults present in the surrounding area. One example of an appropriate space spray for Fruit Flies and other small flying pests is [Microcare](#). Apply Microcare according to the product label.

Other contact sprays suitable for quick-kill of fruit flies include [565 XLO](#), [CB-80 Extra](#), or any other [Pyrethrin based spray](#).

View our entire line of [Fruit Fly Control](#) products

## Related Articles:

[Fruit Flies Identification and Control](#)

[Fly Light Traps](#)

[Fly Spray](#)

[Fly Zappers](#)

[Sticky Pheromone Fly Traps](#)

[Indoor Fly Control](#)  
[Outdoor Fly Control](#)  
[Natural Fly Control](#)

DoMyOwn.com - Getting Rid of Fruit Flies, fruit flies control, getting rid of fruit flies