

BED BUG KIT INSTRUCTION GUIDE

Always follow and read the label directions for each product before use. This document is meant as a general guide to our customers and is not meant as a replacement for reading the product labels.

STEP

1

Inspect each room very carefully

The most important step in successful bed bug control is making sure that you treat all of the cracks and crevices where bed bugs hide. This preliminary step will take some time but it is worth the effort! Bed bugs are not always easy to see, and so you may need to use a magnifying glass and a flashlight if possible. Bed bugs feed at night, but during the day their tiny flattened bodies allow them to easily hide in cracks and crevices close to beds and sleeping areas. Initial infestations tend to be around beds, but the bugs eventually may become scattered throughout a room, occupying any crevice or protected location. They also can spread to adjacent rooms or apartments. So look for dark fecal spots (digested human blood), light brown skin moltings, tiny white eggs and egg shells, or even the bugs themselves in all of the following areas:

- **Bedding** – Check for dark fecal spots and live bed bugs on sheets and mattress covers.
- **Mattresses** – Inspect carefully along the tufts, folds and seams.
- **Bed frames** – Especially check behind the headboard, footboard, and hollows of the side railings and bed posts. It may help to dismantle the bed frame and stand all of the components on edge so that all surfaces, cracks and crevices can be treated and examined.
- **Box springs** – Check between the mattress and the box spring and the seams, folds and stapled fabric under the box spring.
- **Nightstands and furniture near the bed** - empty and examine inside and out, then tip over to inspect the woodwork beneath. Often, the bugs will be hiding in cracks, corners and recesses.
- **Pictures and loose wallpaper near the bed** – check in and behind picture frames and cracks and hiding places in the wall near the bed.
- **Baseboards** along the bottoms of the walls and under loose carpeting near the baseboards.
- **Chairs and sofas near the bed** – Check upholstery including seams, tufts, skirts and crevices. Also check the sofas in the living room.
- **Other possible areas:** Bed bugs have also been found in the folds of curtains near the bed, around windows near the bed, inside switch plates and outlets, behind wall mounts, cracks in wood molding, and even under lamps and in clocks and phones (these areas may only be problems in bad infestations).

STEP

2**Prepare the rooms for treatment**

Reduce clutter off the floor so that all areas can be thoroughly treated. Be careful not to transfer bed bugs from room to room by carrying things throughout the house. Throw out the mattress and box spring if they are in bad condition or have tears and rips where bed bugs may be hiding inside (this may be the case in a bad infestation). Otherwise, the mattresses and boxsprings can be treated and saved. Infested bed sheets and garments need to be bagged and laundered at high temperatures (120°F minimum), or discarded since these items cannot be treated with insecticides.

STEP

3**Vacuum (optional)**

Vacuum the floor and infested areas such as seams, tufts and edges of bedding, and the perimeter edge of wall-to-wall carpets. Because bed bugs and their eggs cling tightly to surfaces, it is best to scrape the end of the vacuum attachment repeatedly over the target area. Do not use a brush attachment, as some bed bugs and eggs will remain alive in the bristles and be transferred to other areas of the home. Afterward, dispose of the vacuum contents in a sealed trash bag. Steam cleaning of carpets may be helpful for killing bugs and eggs that vacuuming may have missed.

STEP

4**Treat cracks and crevices of infested areas with insecticides**

Your Bed Bug Kit contains some or all of the following products for killing bed bugs. Read each product label carefully and apply the chemicals below to the areas where you found bed bugs in step #1. Focus on cracks and crevices near the bed and the typical places where bed bugs hide. Treating large areas such as the entire floor is usually unnecessary and may be excessive.



Demand CS – This product is a liquid concentrate that is mixed with water. It kills bed bugs within 10-20 min. and leaves a residual, which means that after you spray it will remain and keep killing bed bugs for weeks.

USE: Mix 12 ml of Demand CS in one gallon of water in a *plastic pressurized sprayer* (plastic one gallon sprayer with a wand for applying insecticides -- sold separately). Adjust the nozzle on the sprayer until you have a coarse, low-pressure spray and apply Demand CS to all cracks and crevices and harborage areas in step #1 above. **DO NOT** apply Demand CS on furniture surfaces or mattresses where people will be laying or sitting.



Suspend SC – This product is a liquid insecticide concentrate like Demand CS. However, Suspend is labeled for spraying on mattresses, while Demand is not.

USE: Mix 1 fl oz. of Suspend in one gallon of water in a *plastic pressurized sprayer* (plastic one gallon sprayer with a wand for applying insecticides -- sold separately). Adjust the nozzle on the sprayer until you have a coarse, low-pressure spray and apply Suspend to all cracks and crevices and harborage areas in step #1 above. Apply to the tufts, folds and seams of the mattress until they are moist.



Gentrol IGR – This product is an Insect Growth Regulator that prevents bed bugs from being able to reproduce. It comes in a small brown bottle (1 oz.). There are two ways to apply Gentrol IGR: (1) mix up 1 oz. of Gentrol IGR with a gallon of Demand CS or Suspend so that you can spray both at the same time, or (2) add 1 oz to one gallon of water and apply in all the areas where you sprayed the Demand and Suspend. DO NOT apply Gentrol IGR to bed linens or mattresses.



Drione Dust and Delta Dust – These products are insecticide dusts that kill bed bugs on contact. They can be applied in the same cracks and crevices where you applied Demand CS and Suspend. In addition, dusts are great for applying under baseboards around the room, for dusting on and inside the box spring itself, and for dusting in cracks and crevices where liquids may not go (such as in and behind picture frames, underneath furniture, in the cracks of dresser drawers, and in the joints cracks and hollow tubing of bed frames, etc). Delta Dust and Drione are applied using the *hand duster* which is included in your kit. Fill the duster about half full with dust. Shaking first and then squeezing the duster will produce a fine dust that coats almost any surface. This is just what you want for dusting the mattress and box spring. Pay particular attention to seams, folds, and stapled fabric under the box springs.



Bedlam and D-Force Residual Aerosols – These products are ready to use and don't require any mixing. They are great for doing spot treatments during the week when you happen to see bed bugs but don't have time to mix up a gallon of Demand CS or Suspend. Aerosol products like these are great for spraying mattresses and inside drawers and other areas that you are not able to treat with Demand and Suspend. Also, if you purchased the New York Bed Bug Kit then these products can be sprayed in all of the places where you would normally spray Demand CS and Suspend.



Steri-Fab – Excellent bed bug killer with alcohol that leaves no residual. Steri-Fab kills bed bugs on contact and is great for treating almost any surface, including furniture, mattresses, and other sensitive areas. In addition, Steri-Fab may even kill bed bug eggs, which would make it the only product available that will kill bed bugs during all stages of their life cycle.

USE: Treat tufts, folds and seams of the mattress, sofas, etc that you weren't able to treat with the other products mentioned above. Use to spot treat throughout the week where you see signs of bed bug activity. TIP: After applying Demand CS, Suspend and Drione, leave the room for about 15 minutes and start treating the next bedroom in the house. Then return and look and see if you find bed bugs that are emerging from their hiding places. If so, spray them down with Steri-Fab for an immediate kill.



Hand Duster - This tool is used for applying dusts such as Drione Dust and Delta Dust. Remove the black cap from the duster and fill the chamber up half way with dust. Close the lid, shake the container a bit to loosen the dust, and then use your thumb and fingers to pump the bellows. The dust will exit out the long extension tip and allow you to easily dust large areas such as the box spring, inside the cracks and crevices of the bed frame, underneath furniture, under the baseboards between the floor and the wall, and even inside wall voids. Dusting under the walls and in wall voids will prevent bed bugs from spreading room to room.



Plastic 1 Gallon Sprayer – *Sold Separately*. This is the product of choice when it comes to spraying any liquid insecticide concentrate such as Demand or Suspend. Fill the sprayer up half-way full with water and then add the desired amount of insecticide (usually 1 oz of concentrate per gallon of water). Fill the sprayer up the rest of the way to make one full gallon. Shake the container to mix the solution well, and then use the pump handle to pressurize the container. The spray nozzle can be adjusted for a heavy spray or a light mist.

STEP**5****Retreat at least 3-4 times within the next two months**

All infested areas need to be retreated at least 3 to 4 times within the next two months. Usually you will do the first treatment, then wait two weeks, then treat again, then wait two weeks and treat again, etc. Consecutive treatments of the infested areas are **ESSENTIAL** if you want to get rid of the problem. This is because the products in this kit will not kill bed bug eggs, and so eggs may hatch within the next two weeks. In addition, you may find bed bugs in areas that you missed during the first treatment. Retreating the areas every two weeks for at least 3-4 times will continue to kill the new bed bugs until all the eggs and bugs are gone!

Once you have inspected carefully and treated all the areas thoroughly, you can re-assemble the bed frames and furniture and encase the mattresses in a mattress cover with a zipper (these can be purchased at bedding and allergy supply stores). If you bought new mattresses and box springs then make sure that you spray them and encase them. Spray the tufts, folds and seams of the mattress encasements during your retreatments. Using clean white bed sheets will ease bed bug inspections in the future

For the latest information on bed bug control, bed bug products, kits, pictures and more, please visit us online at:

[www.DomyOwnPestControl.com](http://www.domyownpestcontrol.com)
<http://www.domyownpestcontrol.com/bed-bugs-c-39.html>

These instructions are not a substitute for reading and following the product labels for each product mentioned.

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